



# TRINE UNIVERSITY

## Exercise Science

### Pathway

The Exercise Science Pathway gives high school students the opportunity to earn up to **30 credit hours for sophomore standing**. The Exercise Science Pathway will advance you in your choice of the following degree:

- Bachelor of Science in Exercise Science

Exercise Science Pathway		
Course	Course Title	Credit Hours
ENG 143	College Composition	3
SP 203 or COM 163	Effective Speaking or Interpersonal Communication	3
PSY 113	Principles of Psychology	3
Humanities	Literature, Philosophy, Foreign Language, Art or Music Appreciation	3
MA 113	College Algebra	3
EXS 102	Lifetime Wellness	2
EXS 273	Nutrition	3
	Biology Elective (3 credits)	3
	Biology Elective (4 credits)	4
	PSY Elective (200 level or above)	3

Courses can be completed through AP, CLEP, the Indiana College Core, and transfer credits from another college.

Want to learn more?  
[trine.edu/DualEnrollment](https://trine.edu/DualEnrollment)



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